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Home-Cooked Diet Recipe

We are trying a home cooked diet. Remember you should discontinue all foods that have been a part of your pet's regular diet regimen to this date (rice, corn, pasta, wheat, bread, soy/tofu, chicken, beef, fish, dairy products).

Any flavored pet supplements (like glucosamine or heartworm preventative) has to be substituted with a non-flavored product such as Advantage Multi, Revolution or Ivermectin.

The ratio of food should be:

* 1 cup cooked beans (navy, white, pinto)-smash these before mixing with the other ingredients (they are hard to digest!)

*1 cup cooked barley, millet, or sweet potato (if not in current diet)

*1 cup cooked ostrich, buffalo, pork or rabbit (meat is optional). If you leave out the meat, then add a cup of beans for protein

*1 cup cooked vegetables (squash, green beans, spinach, broccoli, zucchini, etc); **NO STARCHY VEGETABLES LIKE CORN**

*A dash of salt and 2 tsp of olive oil

Feeding Guidelines

1-2 cups/day= 20lbs or less

2-4 cups/day= 20-40lbs

4-6 cups/day= 40-80lbs

6-8 cups/day= 80lbs -greater than 100lbs

The guideline is that your pet should neither gain or lose weight with this diet. Be sure to mix the old food with the new food for about 5-7 days to prevent any stomach upset (vomiting or diarrhea).

If your pet is on this diet more than 8 weeks, we will want to add a multiple vitamin (without iron, Vitaline Hypoallergenic vitamins) daily; if you are supplementing this diet with a canned food you will not need to add a vitamin supplement